**Table 2**.  
Overview of all studies and their sample characteristics

| **Authors** | **N**  **(TG/ CG)** | **Age**  **M(SD)** | **Female %** | **Country** | **Included Outcomes** | **Follow-up** | **Intervention Type** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Amadeo et al. (2015) | 190  (100/90) | 32 | 64 | PYF | suicide attempts, completed suicides | NA | Phone calls |
| Batterham (2018) | 194  (118/76) | NA | 86 | AUS | Suicide ideation | At 12 weeks | Online module program |
| Beautrais et al. (2010) | 327  (153/174) | 33.8 | 66 | NZL | deliberate self- harm | NA | 6 Postcards |
| Bush et al. (2017) | 118  (58/60) | 47 | 32 | USA | Suicide ideation | NA | Smartphone App |
| Carter et al. (2005) | 772  (378/394) | 38.7 | 68 | AUS | deliberate self-poisoning | 2 and 5 years later  (Carter et al., 2007; Carter et al., 2013) | 8 postcards |
| Cedereke et al. (2002) | 216  (107/109) | 41 | 66 | SWE | suicide ideation, suicide attempts | After 17 weeks | Telephone calls |
| Christensen et al. (2013)# | 155  (TG1=38;  TG2=45;  TG3=37;  /35) | 41.49 | 81.9 | AUS | suicide ideation | After 24 weeks | Web-based  Cognitive Behaviour Therapy |